

# **“Trust and Obey”**

July 26<sup>th</sup>, 2015

## **INTRODUCTION**

*Proverbs 3:5-8: “5 Trust in the LORD with all your heart and lean not on your own understanding; 6 in all your ways acknowledge him, and he will make your paths straight. 7 Do not be wise in your own eyes; fear the LORD and shun evil. 8 This will bring health to your body and nourishment to your bones.*

## **DISCUSSION QUESTIONS**

1. Do you ever find it hard to trust? Who do you trust most in your life? What times have you had that somebody broke that trust from you?
2. It is true that we trust in ourselves more than in our God many times. What times have you trusted in yourself too much, assuming or planning something out, only finding out later that nothing went as you planned? How did that experience shape you? Did you change afterward, or is it still easy for you to “lean on your own understanding”?
3. When has God proved Himself trustworthy to you? Either through an answered prayer or through another person? Knowing that he is trustworthy, why do we keep doubting His goodness?
4. What area do you find hardest to give over to God in trust? And why? What area is he calling you to be obedient in? Share with your group.
5. What changes are you willing to make so that you trust in God more than yourself, and you can obey what He is calling you to?

## **CLOSING THOUGHTS**

*Trusting and obeying is tough. It is like taking baby steps, one step at a time. Sometimes we fall and sometimes we take extra steps. As we keep on walking with God, let us not forget that He is the one keeping us up, holding us, and when we fall, we fall on His grace. Amen.*